



SIX SENSES

KAPLANKAYA

EXPERIENCES



An aerial photograph of the Six Senses Kaplankaya resort. The resort is built on a rugged, rocky coastline with lush green vegetation. A winding path leads through the hills to a sandy beach. The water is a vibrant turquoise color, and several white umbrellas are visible on the beach. The overall scene is serene and picturesque.

WELCOME TO SIX SENSES KAPLANKAYA

Six Senses Kaplankaya is nestled in the breathtaking natural beauty of this ancient land. Undulating hills clad in evergreens, wild olives and cypresses amplify the invitation extended by warm breezes and the turquoise sea's gently lapping waves. Presenting a robust mosaic of architecture, history and art, the resort is within easy reach of many archeological sites including two of the Seven Wonders of the Ancient World.

NOTHING ABOUT YOUR STAY HERE WILL BE ORDINARY

Experience the rich beauty and culture of this vibrant destination with various activities to entertain all ages and satisfy every taste. The private and secluded setting offers water sports and beach activities, hiking and discovering local culture and nature. Each experience has been created with sustainability and the environment in mind and with the aim to showcase the best that the region has to offer. You are invited on a journey of immeasurable pleasure at Six Senses Kaplankaya, where natural beauty is mingled with ancient history. Combined with our uncompromising level of service, we hope that this journey brings magical memories that stay with you and your loved ones long after you have left.



DISCOVER BODRUM

Bodrum is built on the site of the ancient city of Halikarnassus, which happened to be one of the Seven Wonders of the Ancient World. Earthquakes meant that it was destroyed in the Middle Ages- but what now stands in its place is a fantastic town that offers a little bit of everything for tourists. Once a fishing village, it is now a popular tourist destination attracting travellers from around the world.



BODRUM MUSEUM OF UNDERWATER ARCHAEOLOGY

As the name may suggest, the Bodrum Museum of Underwater Archaeology exhibits anything related to underwater archaeology. With 14 departments within the museum, it has grown in size substantially and is regarded as one of the more interesting museums for anyone with an interest in Ottoman, Crusader, Greek, Roman and Maritime history.



BODRUM CASTLE

How can a 600 years old castle can hide 2500 years old secrets? This castle was constructed by the Knights of Rhodes in the 15th century during the crusades of the Middle Ages, and it was given the name The Castle of St. Petrus, or Petronium.





THE MAUSOLEUM AT HALICARNASSUS

Did you know one of the seven wonders of the ancient times, The Mausoleum at Halicarnassus, is in Bodrum? It is one of the two wonders left in the world which can still be visited. The other one is The Pyramids in Egypt! The Mausoleum was built between 353 and 350 BC for Mausolus, a satrap in the Persian Empire and Artemisia II. of Caria, who by his wife and his sister.

THEATRE OF HALICARNASSUS

The theatre is another witness to the great past of Bodrum. The theatre consists of three different sections; a place for audience, a place for an orchestra and the stage. It became an open-air museum after the excavations in 1973.



LOCAL GIFTS

BODRUM SANDALS

Shoe making turns into skilled art in Bodrum. The leather in Bodrum has reputation due to its rich leather heritage which has legacy of hundreds of years. Handmade Bodrum Sandals can be made to measure only for you.

BODRUM SPONGES

‘Gold from the bottom of the ocean’ could be the name of these valuable sponges. They are porous animals of geometric shape which grow between 32 to 230 feet (10 to 70 meters) deep on stones in the ocean. A sponge expert says, ‘The best sponges have big holes, and after being squeezed return to their original shape and size.

EVIL EYES

The Turkish evil eye amulet is extremely common in Turkey and surrounding countries. It is also known by the name “Nazar Boncuğu”. This is an amulet of protection from anyone who does not have genuine good intentions and a very nice gift to take back home for your loved ones.

BODRUM PEŞTEMAL

A peştamal is a thin, very absorbent traditional Turkish towel with more than 600 years of history, linked closely with the traditions of early hamams. Today, the tradition of peştamal meets Contemporary design and modern perception. Bodrum Havlu is a local Bodrum brand that cares about having unique pieces with stories in its collections.





FROM THE FARMER'S MARKET TO THE TABLE BY CHEF'S GUIDANCE

Browse aromatic stalls packed with fresh herbs, fruits and vegetables in Akbük while chatting with local farmers about their stunning displays then plan a meal to cook with the help of an expert chef. Follow the food as you visit a local farmer's market to pick out fresh ingredients perfect for a small group cooking class. Together, you browse the local farmers' markets of Akbük, where farmers and organic growers all display their fabulous and fresh products. You can experience the intimacy of Turkey and the finest ingredients imported direct from the Turkish countryside to your shopping bag. Complete the adventure enjoying a family style lunch in Chef's elegant dining room then enjoy your homemade farm-to-table meal, complete with wines that have been carefully paired with your meal.

ŞİRİNCE TOUR

Visit the lovely village of Şirince to discover Turkish villager's traditional life. The village is a perfect synthesis of Turkish-Greek culture. Before the Independence War, there were Greeks living in the village but after the war, there was an exchange between the two countries and all Turks living in Greece returned to their homeland.

ANCIENT WONDERS EPHEBUS

Be prepared to get dazzled by this fascinating UNESCO World Heritage Site! The amazing works of art and architecture known as the Seven Wonders of the Ancient World serve as a testament to the ingenuity, imagination and sheer hard work of which human beings are capable. Ephesus at the time a-port, used to be the most important commercial center of the region. It played a great role in the ancient times with its strategic location. Ephesus is located on a very fertile valley, once, the trade center of the ancient world, and a religious center of the early Christianity. The city reached the "Golden Age" and became a great model of the ancient world in culture and art.





TREKKING AND ADVENTURE

At Six Senses Kaplankaya we follow sustainable practices both inside and outside the resort and we constantly strive to raise awareness among our guests and hosts. All our activities and excursions are delivered with respect to our surrounding environment.

DIVE SITES

Diving is definitely something that you should experience, after all, Bodrum is set up perfectly for the optimum diving experiences.

PANAYIR ISLAND

The island has a rocky sloped landscape and is inhabited by typical marine life for this area. Depth vary from 19 to 66 feet (six to 20 meters). This site is suitable for experienced divers. Occasionally weather conditions may effect visibility.

ALTINKUM COAST GUARD VESSEL

This vessel was purposely sunk to help repopulate the area with marine life. Just a short boat ride away the vessel rests at between 72 to 89 feet (22 to 27 meters). Because of the depth of the vessel, this site can be visited by certified divers over the depth of 59 feet (18 meters).





AEGEAN WRECK DIVES

Along the Aegean Coast of Turkey artificial reefs in the form of vessels and other vehicles can be found. It would be our pleasure to take you diving for the day and visit Europe's largest airplane wreck (Airbus 300) or an amazing military supply ship.

AEGEAN ISLAND DISCOVERY YACHT CRUISE

A region paradisaical and wild, pristine and rugged, whimsical and wondrous, the Aegean Islands continue to reign supreme as some of Europe's most coveted holidaying spots. Many of the Aegean Islands are simply made to be walked, with their bleached-white sands, ragged coastal stretches and abundance of castles. Select from a variety of boat trips tailored to your individual preferences and pleasure.





HELICOPTER TOUR

Get a bird's eye view of the breathtaking coast of the Mediterranean on a helicopter tour. Thrill to the awesome beauty of the mountains and forests.

Destinations:

- Apollo Temple in Didyma
- Miletus
- Priene

GOLF DAY

As Arthur Daley said, 'Golf is like a love affair. If you don't take it seriously, it's no fun; if you do take it seriously, it breaks your heart'. Head to one of the best golf clubs in the region and enjoy the day hitting the ball. Bodrum Golf Club is situated on an area of 120,000 square meters (1,291,669 square feet) and provides the facility of a 9-hole golf course, designed to meet international standards. The course holes consist of par-3 or par-4. The 31 par golf course is made up of five par-3 holes and four par-4 holes. While our golf course is normally played as a 9 hole- course, the use of different tees allows the course to be played over 18 holes. There is also a 10-person capacity driving range in addition to putting and chipping practice areas.

SPORTS

Are you finished with lounging by the pool? We offer a variety of options from tennis, volleyball, darts, badminton, football, basketball and table tennis. Gather a team and get your adrenaline pumping in a friendly football or volleyball match. After scoring points, jump into the sea to cool down.

GUIDED BIKE TOURS

Are you interested in exploring Kaplankaya, but don't know where to start? This guided bike track will take you off the track to the natural and beautiful Aegean ways, which are kept well secret by the nature. You will enjoy a peaceful and beautiful bike ride with our trekking bikes along quiet paths arched with olive trees. Highly recommended with a guide, perhaps the surest way to capture the untouched essence of original Aegean Coast life rarely found anywhere else. Truly a memorable experience and the best part.





ELECTRIC BIKES

It's time to get moving, whatever obstacles exist between you and the trails, it's time to run over them. Reclaim access and discover new adventures the way you want - Conquer steep climbs and push the limits of traction. Enjoy clever design and sophisticated suspension kinematics Wild HT revitalizing you're riding and helping you chart new destinations with a little help along the way.

TENNIS LESSON

If you are a tennis fan, enjoy your passion here at Six Senses Kaplankaya. Whether you are already an experienced tennis player or a humble beginner, our pro will help you to demystify this fun and exciting sport and teach you the techniques to reach your personal tennis goals.



WATERSPORTS

Explore beautiful Kaplankaya; the tranquil waters are the perfect environment to test your kayaking or paddling skills. It does not even matter if you are the most experienced sailor, swimmer or a total novice, fun is guaranteed.

Our water sport activities are as follows:

- CANOE / STAND-UP
- KNEEBOARD
- WATER SKI & MONO SKI
- WAKESURF
- WAKE BOARD
- FLY BOARD
- SEA-BOB

GROW WITH SIX SENSES

Younger guests are encouraged to understand more about what's going on inside them and in the world around them with Grow With Six Senses activities, offering a vast array of fun learning experiences for children from four to 12 years old.

Babysitter and child care services are also available.





EARTH LAB

Earth Lab is a piece of nature in one place as our own playground, where we showcase all our sustainability implementations. This is a space where we host workshops which empower guests, kids, community members and our hosts to reconnect with natural world. Join us for a harvesting or planting activity at the Earth Lab.

Any effort on our property helping the sustainability of ecosystem and community is also called as Earth Lab activity.

It means, you may see various sustainable implementations back and heart of the house of our property.

- Water is bottled on site, eliminating the diverse environmental impacts reasoning from transportation and use of plastic water bottles.
- Fruits, vegetables and trees are harvested from our organic gardens to provide fresh, whole and healthy meals for guests.
- Plants are harvested for spa treatments i.e. olive oils, acacia, daphne and sweet-gum.
- Seeds are harvested, kept in a seed bank and made available for guests to grow at home.
- Local seeds are rolled up in seed-balls, to be left in barren lands to grow.



CRAFTED EXPERIENCES

DESTINATION DINING

Celebrate your special occasion in style. But wait... isn't a new day a special occasion on its own? Enjoy an exclusive dining experience with bare-foot on the beach or surrounded with the aromas of fresh herbs at the Earth Lab or on a deck simply above the sea with thoughtfully prepared delicious dishes.

TRADITIONAL CULINARY NIGHTS

Get a taste of local cuisine at our culinary nights at Sage and Sea.

Turkish culinary culture is known for its great diversity and distinct favours. Located on the crossroads of the Silk Way between Europe, Asia and Africa, home to diverse territory and climate, Turkey is an epicentre of gastronomic variety. Whether it's Eastern Anatolian kebab and pide night, Aegean fish and mezzes or the Black Sea anchovies or muhlama, there is always plenty of regional tastes to discover.





COOKING CLASS

Join our Chef's cooking classes to learn how to cook popular Turkish dishes with traditional cooking techniques. Two cooking class packages are available ranging from the menu to accompanying our chef to the local market to shop for the following cooking demonstration. As a souvenir you will receive all recipes and cooking methods which will allow you to recreate all the dishes in your own kitchens at home.

SIX SENSES SPA

A sanctuary of well-being

Wellness is freedom. It's an invitation to explore, to find a clear sense of purpose, to understand what makes life meaningful in pursuit of a healthier and happier you. To live smarter now for a future of living awesome. Our overarching philosophy, Six Senses Integrated Wellness, provides the best base possible to help you flourish, in tune with your natural flow. From our pioneering experts, doctors and practitioners to our unique blend of high-tech science and high-touch therapies. From the food you eat to the way you sleep, the people you meet and the earth beneath your feet. Wellness is integrated into your whole Six Senses experience, and becomes a joyful way of life.

If you wish to go further, our wellness experts can assess your health and lifestyle and recommend a personalized program for you in steps that you feel comfortable with. Move further along your path to well-being, with us cheering you on.

Integrated Wellness

Integrated wellness starts with your room, where you'll enjoy a natural hand-made mattress and cotton bedding, nourishing bathroom products, and energy boosting snacks. Our chefs prepare delicious low-sugar, low-gluten, low-soy and low-lactose meals, which are as clean and sustainable as possible, while sourcing many ingredients locally. At our spas, you can discover more about your health with a bespoke wellness screening and movement efficiency test. Six Senses wellness screening measures all of your key physiological biomarkers. From the result, we will help you achieve superior health via a bespoke program designed to your particular needs.





BOD POD

Are you curious about your body composition? With a quick and easy test, our Bod Pod device will accurately measure your body fat percentage and lean body mass with the guidance of our experts. Bod Pod is an accurate system of measurement used by professional sports organizations worldwide to determine body composition. After a five-minute test, an exercise physiologist reviews and explains the results and recommends a personalized program.

WATSU

Let us fly and float you with Watsu. Watsu is used to heal both physical and emotional conditions. It is especially effective in addressing chronic pain, joint stiffness, arthritis, stress, sleep disorders and therapies involving emotional release. Using massage and stretching techniques to soften muscles, stretch tissues and open energy pathways to increase mobility and flexibility and release stored emotions.

WELLNESS SCREENING

Wellness screening is an excellent start to your wellness program. A non-invasive screening which analyzes your key physiological biomarkers and enables our experts to build a personalized program that blends high-tech science with ancient healing



HOLISTIC ANTI-AGING

As natural as aging is, there are ways to keep your quality of life. Our Holistic Anti-Aging program combines scientific advances in nutrition, fitness and neuroscience with ancient wisdom from long-lived communities to achieve a healthy, balanced body and mind. By understanding that outer beauty comes from a healthy body and happy mind, we can help you overcome lifestyle-related aging effects, look at yourself in a new light and extend your health span through a personalized program.

WEIGHT MANAGEMENT

Could you do with shedding a few pounds and boosting your energy levels? In this program, you'll learn the importance of balanced nutrition, exercise and a healthy mind; and how to sustain this routine once you return home.





DISCOVER YOGA

Experience a new form of body and mind exercise, release any stress and enjoy improved flexibility plus a stronger and more powerful body. This program combines private sessions of hatha yoga, guided meditation and breathing exercise with signature massages and energy treatments.

SLEEP AND DE-STRESS

Feeling tired, lacking energy, experiencing bouts of cold, suffering from headaches or finding it difficult to handle stress and adversity? Rest the mind and rejuvenate the body by combining practical advice from our Sleep Doctor with the many benefits of yoga nidra and meditation, as well as relaxing wellness therapies.

DETOX

Do you want to eliminate toxins, improve the digestive system, boost the immune system and achieve clarity of thought and peace of mind? We use the non-invasive techniques of yogic cleanse to help your body detox in a safe, controlled manner, combined with low intensity training, detoxifying therapies and personalized wellness activities.

ALCHEMY WORKSHOP

Join us for a wellness workshop, where you will learn how we used to do things in the days before petrochemicals. Work with a wide variety of local herbs, fruits, spices and natural oils to create artisanal and entirely organic laundry products, kitchen pharmacy potions, body scrubs, face and hair masks, lip balms, home fragrances and much more.

BOUTIQUE

SHOP UNTIL YOU DROP

Don't get back home without a local souvenir.

Our Boutique floor features garments that move effortlessly from leisure activities, sport and lounging to elegant evenings beneath starry skies. Natural fabrics are transformed into wisps of whimsy to layer over swimwear and cheeky carryall bags. In addition to shorts, tops and bathing suits, the line includes almost all vacation necessities.

The jewelry line presents an array of fabulous and stylish necklaces, bracelets and charms.

Locally made artisan Turkish handicrafts are also available for you to bring home the good memories of an unforgettable holiday.





Thank you for choosing Six Senses Kaplankaya We appreciate you spending your time with us, and we look forward to welcoming you back for more exciting journeys soon.



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